

JIM VASSALLO

Jim Vassallo, CYT has been a student of yoga for 12 years, teaching since the year 2001. He has taught over 2,000 yoga classes. He was trained at the top two yoga schools in the country; The Kripalu Center in Lenox, Massachusetts, and the Ananda Center in Nevada City, California. Jim teaches a strong, meditative style of traditional Hatha Yoga. He was featured in the March, 2006 edition of Yoga Journal Magazine in the article "Yoga Saved My Life."

