

# INTERESTED IN PERSONAL TRAINING?

At the Raintree Athletic Club, our objective is to assist you in reaching your health and fitness goals. The RAC team of trainers are nationally certified and carry a wealth of knowledge to help you succeed and live happier and healthier lives.

## What do you get when you become a Personal Training Client?

Personalized program designed for your needs and goals
Baseline assessment to determine your current fitness level
Education, motivation and direction for each and every workout
Continued monitoring of fitness and accountability for success.

## RATES

INDIVIDUAL		GROUP
1st Time Clients 3 SESSIONS FOR \$99	SINGLE SESSION: \$50	GROUP OF 2: \$35/session/person
	5 SESSIONS: \$225 (\$45/session)	GROUP OF 3: \$30/session/person
HALF SESSION: \$35	12 SESSIONS: \$500 (\$42/session)	GROUP OF 4: \$25/session/person
8 HALF SESSIONS: \$260	18 SESSIONS: \$700 (\$40/session)	GROUP OF 2 - 10 SESSIONS: \$300
12 HALF SESSIONS: \$360	24 SESSIONS: \$900 (\$37.50/session)	GROUP OF 3 - 10 SESSIONS: \$250
16 HALF SESSIONS: \$440	36+ SESSIONS: (\$37/session)	GROUP OF 4 - 10 SESSIONS: \$225

## PAYMENT OPTIONS

12 and 18 session packages can be split into 2 payments
24 session packages can be split into 3 payments
36 session packages can be split multiple ways
All by post dated checks or auto draft