

# FOTOFACIAL/INTENSE PULSED LIGHT (IPLT) TREATMENTS

The pleasures and stresses of life take their toll and cause our skin to look older. Sun exposure, the major culprit of skin damage, only compounds this. The actual conditions that develop are often a complex of changes in the small blood vessels (called "telangiectasias") and the appearance of spots and blemishes of pigment. A remarkable new technology called Intense Pulsed Light (IPLT) can treat these developments with a very special flash of light.

*The IPLT program usually consists of one to six treatments, at three-week intervals. The program gives you a gradual, improvement that is remarkable. A treatment takes between twenty and forty minutes. The light is transmitted through the small, smooth, flat glass surface. The handpiece is held gently against your skin by the operator. The IPLT treatment is administered to the whole face each time, for a much more aesthetically pleasing look than can be obtained by treating just one problem area, as with certain lasers that deliver a tiny spot of light. IPLT Skin Treatment is very effective for use on the neck, the chest, or the hands, as well as the face. There is no downtime. IPLT is an excellent choice for both women and men. IPLT treats redness of a vascular origin (including the symptoms of rosacea), the brown-toned pigment of sun damage, while the therapeutic light energy reaches down to the deeper layers of the skin. Skin improves with an even-colored tone, and a natural look. As with all medical procedures, there is a risk of adverse reaction, such as a temporary burn or blister.*

## **What is FotoFacial?**

*FotoFacialT Treatments are full face, neck and/or chest treatments using pulses of visible light that effectively improve facial redness and flushing as well as the visible signs of sun damage and aging. FotoFacialT Treatments were developed and first introduced by Board-certified dermatologist, Patrick Bitter Jr., MD as a non-invasive method of photorejuvenation to improve the appearance of the skin with no downtime. A non-laser medical device (MultiLightT and VasculightT from ESC medical) are used to deliver a series of gentle pulses of light to the skin. Specific settings are selected for each treatment for optimal results. A series of five or more treatments are performed at three week intervals. The benefits of FotoFacialT Treatments include consistent, visible improvement in the skin with no downtime, little discomfort and minimal risk. With FotoFacialT Treatments the embarrassing redness and flushing of rosacea can be greatly reduced, and sun-damaged, aging skin can be dramatically improved.*

**FotoFacialT Treatments are beneficial in the treatment of the following:**

- Redness and flushing
- Sun damage (Photo-aging)
- wrinkling, freckling and irregular pigmentation  
the appearance of pores
- irregular pigment and uneven skin tone
- Rosacea

## **What results can I expect?**

*You can expect to see a gradual decrease in overall redness, flushing and dilated capillaries. People with visible aging from the sun can expect to see their skin become smoother with a decrease in fine wrinkles, reduction in pore size and fading of sun spots. Many people with rosacea see an improvement in breakouts and are able to decrease or discontinue their medications.*

## **What is a FotoFacialT Treatment like?**

*Each treatment takes approximately 20 to 40 minutes. A mild amount of discomfort can be expected. Many patients prefer to use a topical anesthetic cream available at our office. Immediately following a treatment, the skin may appear red and flushed and tiny capillaries may appear more visible. Brown spots generally appear darker. All of these changes gradually fade over a period of a few hours to a few days.*

## **How soon will I see results?**

*After your first treatment, your skin will feel smoother and will have a more even tone. These improvements are gradual and will be more visible after each treatment. Some patients will benefit from one treatment; however, others may take several treatments to achieve optimal results.*